



## 1st Announcement

*Dear Colleagues, Researchers, and Friends,*

We cordially invite you to participate in the **7th World Scientific Congress “Quality of Life in an Interdisciplinary Approach”**, which will take place on **21–23 October 2026 in Kochcice, Poland**.

The Congress will serve as an international platform for scientists, researchers, and practitioners representing various disciplines. The aim of the event is to exchange knowledge, present the latest research findings, and discuss contemporary challenges related to the broadly understood concept of quality of life in various fields, including health sciences, sports sciences, psychology, social sciences, medicine, rehabilitation, and education.

The event is held under the patronage of the Jan Długosz University in Częstochowa, the Józef Piłsudski University of Physical Education in Warsaw, the Gdańsk University of Physical Education and Sport, the Polish Society of Biomechanics, as well as international partners: Lesya Ukrainka Volyn National University (Ukraine), Pavol Jozef Šafárik University in Košice (Slovakia), and Jan Evangelista Purkyně University in Ústí nad Labem (Czech Republic).

Selected high-quality papers presented at the Congress will have the opportunity to be published in partner scientific journals **Physical Activity Review (IF=1.1; CiteScore=2.4)** and **Biomedical Human Kinetics (IF=1.2; CiteScore=1.8)** after a standard peer-review process.

More information about the Congress, including registration and submission guidelines, is available on the website: <https://wcongress.pl/>

### Important dates

- Registration deadline: 1 June 2026
- Payment deadline: 15 June 2026
- Abstract submission deadline: 5 September 2026

On behalf of the Organizing Committee

*Jacek Wąsik, Michalina Błażkiewicz*